

39th ANNUAL

Saturday,
July 15, 2017
8:00 A.M.

Great Wyoming Buffalo

Stampede – 5K & 10K

The Best Little Race in America

Sponsored by



Place: Wyoming Park, Wyoming, DE (From Dover, head south on Rt. 13, turn right onto Rt. 10, which becomes Camden-Wyoming Avenue, turn right onto North Railroad Avenue and left onto Third Street. The park will be on your right). Registration opens at 7:00 A.M. Do not park at Hall's Restaurant.

Course: 5K/10K, out and back course on mostly paved roads through orchards and scenic countryside. USATF CERTIFIED.

Registration: 5K & 10K—\$20 until July 8th, \$25 after and day of. DDSR Club Members: \$12 until July 8th, \$17 after and day of. Military Rate of \$20 through race day! Online registration available until July 12th. After the closing dates, please register at the event. Make checks payable to: DDSR, P.O. Box 1379, Dover, Delaware 19903-1379. For more information, please email buffalostampederace@yahoo.com. Register at Active.Com or at www.ddsr.org.

Packet Pickup: Friday, July 14th, at the Wyoming Tavern from 6-8:00 PM. Come out early to avoid the race day lines!

Awards: \$100 cash prize for new 10K or 5K Run course record. Our famous buffalo awards go to 1st, 2nd, and 3rd place male & female runners in 5-year age groups, starting at 9 & under through 80 & over. 5K walk awards for the top 5 male & female finishers. **All awards are final and will not be mailed to winners.** 10K male-30:32 Frank Sharkey 1983; 10K female-35:29 Nadine Marks 2000; 5K male-15:25 Mark Stalling 2003; 5K female-17:12 Kate Fonshell 1992

Swag: Tech shirt and timing chip; Post –race party at the Camden-Wyoming Moose Lodge with sodas, water, and beer (ID required), music, shade, and picnic tables available for your enjoyment. Food available at a nominal cost.

Please discourage unofficial entrants (bandits) from competing in our race. Bandits consume scarce resources and can delay or inhibit accurate race results. Unregistered runners, running with dogs and strollers, rollerblading, riding a bicycle, and the wearing of headphones are prohibited on the race course at any time to ensure runner safety and to comply with liability insurance standards. Please email buffalostampederace@yahoo.com with requests for special accommodations.

About DDSR: A group of runners and cyclists, of all abilities, in Kent County, Delaware. Club sponsored events benefit the DDSR Laura Gondeck Memorial Scholarship, Addie Lessard Scholarship, and donations to many organizations to include Adopt-a-Family, Adopt-A-Student and Give a Kid a Chance.

ENTRY FORM

WAIVERANDRELEASEOF LIABILITY: I know that running/walking a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I assume all risks associated with running/walking this event including, but not limited to, falls, content with other participants, the effects of the weather, including high heat and/or humidity, extreme cold, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry to participate in the great Wyoming Buffalo Stampede 5K/10K/ Run/Walk, I, for myself and anyone entitled to act on my behalf, waive and release the Downstate Delaware Striders and Riders, the Town of Wyoming, the State of Delaware, all volunteers, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I hereby give my permission to the event organizers and sponsors to use my name and/or picture in any publication, broadcast, telecast or other account of this event without limitation or obligation of further compensation thereof. By signing this waiver and release I certify that I fully understand its significance.

Age Day of Race _____ Sex: M F T-shirt Size: S M L XL

Print Name: _____ Email: _____

Address: _____
(Street or P.O. Box) City State Zip

Phone: () _____ Please Circle: 10K Run 5K Run 5K Walk

Signature: _____
(Signature of parent or guardian if entrant is under 18)